

Activity Suggestions for *One Is Canada*

1. Canada Research

- divide the class into pairs or small groups
- use the “Notes On Canada” section at the back of the book as a starting point to research each topic

- topics suggested from the text are:

1. Canadian Space Program
2. Multiculturalism and Immigration
3. Canada’s Oceans
4. Canada’s Diverse Regions
5. The Great Lakes
6. First Peoples of Canada
7. The Group of Seven
8. National Anthem and Flag of Canada
9. Norse Explorers in Canada
10. Provinces and Territories

- work might be compiled in a variety of ways, for example, on a poster, as a model, a written report or as a video tape

2. “One Is _____”

- rewrite the poem about your own community or city in Canada
- make sure that each number represents something important about that community

3. Canada Quilt

- draw and colour one quilt square to represent each topic discussed in the book
- if using fabric, choose a white, heavier weighted broadcloth or linen. Cut fabric into 12" squares. Use fabric markers or crayons to draw and colour a picture in each square. Make sure to leave a 1" border around each picture. Sew squares together with a sewing machine. Add a border of matching fabric if desired. Layer the squares with a same sized piece of quilt batting and backing fabric, right sides together (i.e., the pictures and the patterned side of the backing fabric will be facing each other with the batting in between them). Machine stitch around outside edges of the quilt leaving about a 12" opening along one side. Turn quilt right side out. Flatten and smooth and then use wool in a coordinating colour to tie each corner of every square. For extra stability, machine stitch around outside edges of quilt using a long stitch.
- if using paper, use 12" squares of heavier white paper. Draw and colour a picture in each square. Arrange the pictures together on a bulletin board. Pictures may be laminated first for extra stability and durability.